

CITY OF HELSINKI

Youth Department

CITY COUNCIL YOUTH COMMITTEE

Director

Local Services

13 Local Youth Units
including 53 Youth Centres

Centralised Services

Social Youth Work
Cultural Youth Work
Civil Society Support

Administration

Personnel Office
Finance
IT Unit
Communications

Social Youth Work Unit

- support for youth at risk

- Support for girls and young women: "Girls' Centre (*Tyttöjen Talo*®)
- Study motivation: a way of completing the comprehensive school with an emphasis on working life (*Omaura*) (in 4 schools)
- information and advice in housing, working life etc. (*Kompassi* Youth Information Centre)
- Traffic training (Traffic Town for children, motorcycle school for teenagers, motor vehicle repairing and activating for unemployed young people etc.)
- Multicultural work (for example *Aseman seutu*, a meeting place for 13-20-year-olds in the city centre)
- Outreach work in the streets and internet (*Katuluotsi*) (1 team)
- Outreach work by basket ball activities (*Yökoris*)
- Support for young unemployed people (work experience placements)
- Long term individual support processes (5 teams)

And so on!

"LUOTSI" ACTIVITIES FOR YOUTH AT RISK (*Luotsi* = a Pilot)

Multi-professional Social Youth Work

CITY OF HELSINKI



Helsingin kaupunki
Nuorisosaainkeskus

Youth Department



Helsingin kaupunki
Sosiaalivirasto

Social Department



Helsingin kaupunki
Terveyskeskus

Health Center

TARGET GROUP

Youth at risk

- 12–15 years old (in secondary school)
 - In need of support for
 - Depression, withdrawal, overt shyness, loneliness
 - Antisocial behavior or aggression
 - Hyperactivity
- ⇒ Someone (youth worker, school nurse etc.) gets worried about the youngsters wellbeing and coping at school, different social groups or home and contacts us

WORKING METHODS

1. Networking and cooperation
2. Support Program including:
 - Time with an adult
 - Group activities (action, camps, group discussions)
 - Support for parenting
 - Support for school work

Length of the process is individual,
from 1 year to 1,5 years.

STRENGTHS

- Early intervention
- Intensity (10 youngsters per worker)
- Team members with several professional backgrounds
- Knowhow in "getting along" with the kids
- Individual and custom oriented process
- Flexibility in working methods and working times
- Long term contact with a reliable adult
- All areas of the kid's life are considered (home, school, leisure time)
- Hard work in networking and co-operation
- Possibility to work with groups
- Locality (teams work in a specified area)



Contact information

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There are 5 teams in Helsinki:

- Eastern Helsinki (all risk groups) (*Itäluotsi*), from year 2000 ⇨
- North-Western Helsinki (all risk groups) (*Koillisluotsi*) year 2005⇨
- Eastern Helsinki (specialised in Aggression Replacement Training) (*Skanssi*) year 2004⇨
- Helsinki (specialised in Russian/former Soviet Union risk group) (*Spinnu*) year 2004⇨
- Western Helsinki (all risk groups) (*Länsiluotsi*) year 2008⇨

And one team specialised in outreach work in the streets and internet (*Katuluotsi*) year 1993⇨