

September - December 2022

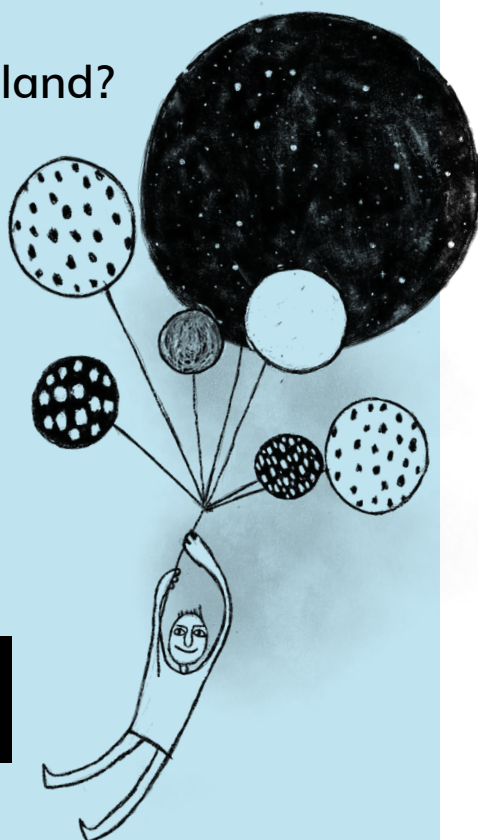
# **Erasmus Exchange Program**

## **in Outdoor Adventure Education/ Community Education**

Are you interested in  
an academic term in Finland?

Humak University  
of Applied Sciences  
offers several  
opportunities for  
partner universities  
around the world  
in the fields of NGO  
and Youth Work.

**[www.humak.fi/en](http://www.humak.fi/en)**



This Erasmus Exchange Programme is designed for students who would like to learn more about adventure education and community education. The programme is suitable for second and third year students of the field of youth, community, NGO, social work, education or leisure and sports studies. Students should already have some experience in hiking and camping in autumn weather.

## The programme consist of the following fixed courses (20ECTS):

### Leadership in adventure education 10 ECTS

- Theoretic approaches on leadership in adventure education, including independent field trip and conflict resolution project

### Coaching-based approach 5 ECTS

- Coaching pedagogy in adventure education and community education, including a practical project in local school

### Community educators as adventure education experts 5 ECTS

- Independent online course



## In addition to the fixed courses student chooses 10 ECTS from the following optional courses

### Entrepreneurship 5 ECTS

- Basics of entrepreneurship and learning to develop service products and business ideas

### Network & partnership development 5 ECTS

- Joining the EOE conference (Marburg, Germany) with Humak Adventure Education students (students are responsible for all costs related to the participation)

### Community education as a profession 5 ECTS

- Basics of community education, youth work, youth policy and the role of third sector organisations in society

### Basic technical skills 5 ECTS

- Internship in the nature & outdoor programme companies in Lapland or in the Finnish Youth Centres

### Finnish language 1 5ECTS

- Finnish for beginners

### English language and communication 5 ECTS

- Different factors of communication, professional terminology, formal and research communication, information retrieval and management



## **Prerequisites**

Study programme includes an overnight independent field trip. Therefore the student should have basic level skills and knowledge about hiking and camping in autumn weather. A good command of English language, both spoken and written, is required since the studies are conducted in English. Student should also have good social skills and ability to work in diverse student groups.

## **Methods of instruction**

Contact instruction/online, group projects, independent learning and supervised internship.

## **Evaluation**

Evaluation is based on participation, written assignments and reports.

## **Other information**

Students are responsible for their own personal sports and outdoor clothing and equipment such as rain gear, backpack, sleeping bag and mattress. Special adventure equipment such as tents and stoves, are provided during the studies by Humak.

Humak Nurmijärvi campus is located by lake Sääksjärvi, just an hour north of Helsinki. There are frequent bus connections to Helsinki. Housing is available on campus in double rooms with shared kitchen space (200€ / month). Warm meals are offered at a student discount at campus.

## **Further information**

**If you have any questions about our Erasmus programmes, please do not hesitate to contact our personnel:**

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