

Erasmus Programme in Community Education and Adventure Education

Autumn Semester 2024

Education in English

Please, note that this is Erasmus+ Exchange programme for students already studying at their home institutions.

Courses

- Community educators' professional competences 10 ECTS
- Instruction and activity-based methods 5 ECTS
- Strengthening social engagement and agency in society 5 ECTS
- Leadership in adventure education 5 ECTS
- Towards a sustainable world 5 ECTS (Online)
- Ecosocial education and accessibility 5 ECTS (Online)
- Innovation 5 ECTS (Online)
- Networks and development 5 ECTS (Online)
- Projects and finances 5 ECTS (Online)
- Finnish language 1 (5 ECTS) Online

Community educators' professional competences 10 ECTS

Students learn to conceptualize community educators' different work fields and duties (NGO and youth work, adventure education and workplace community development) and are familiar with community educators' conceptual framework and value basis. Learn to understand the core competencies of the degree programme in community education and familiarize themselves with the basics, development and the present state of NGO and youth work, adventure education and workplace community development.

Instruction and activity-based methods 5 ECTS

Objective

Students

- Understand the central theories of group formation, group roles and group dynamics and can apply them to instructional situations.

- Manage the basic of instruction, are aware of different instructional styles and can perform in different situations with different groups
- Can apply the profession's conceptual framework in the planning of instructional situations and to validate their choices.
- Can plan and carry out goal-oriented and activity-based instructional situations.

Content

- forming a safe and goal-oriented group
- considering physical, psychological and social safety as part of group instruction
- planning, implementing and assessing a goal-oriented instructional situation with a chosen target group

Strengthening social engagement and agency in society 5 ECTS

Objective

Students

- Are familiar with the concepts of promoting agency and engagement and able to apply them
- Can conceptualize how environments, culture, communities, social structures and different services relate to an individual's functional capacity and to the reinforcement of agency
- Understand the social significance of involvement and are familiar with a range of channels for social advocacy.

Content

- The concepts of agency and engagement
- individual resources that reinforce agency
- The significance of environments, culture, communities, social structure and services in reinforcing engagement
- The channels of social advocacy

Leadership in adventure education 5 ECTS

Objective

Students

- are familiar with the different styles of leadership and the methods of coaching pedagogy
- are familiar with the principles of outdoor leadership
- know how to apply self-leadership, active followership and designated leadership
- are aware of their leadership competencies and know how to progressively develop them
- familiarize themselves with a range of decision-making methods

Content

Students develop an understanding of leadership skills needed to implement safe and goal-oriented outdoor adventure activities. The course focuses on a range of leadership competencies and on how to develop them. Moreover, attention is paid to leaders' self-awareness and on how to further develop the methods and practices of good leadership. Students learn to apply different leadership styles and decision-making methods, considering their own level of competence, the target group and the situation.

Towards a sustainable world 5 ECTS (Online)

Objective

Students

- Are able to apply the knowledge related to their own field on searching, implementing and establishing sustainable solutions and approaches
- Are able to analyse and create sustainable practices and policies in their own field.

Content

- Values and ethics in expert work (a set of questions) 2 ECTS
- Promoting sustainable development through practical action (assignment) 3 ECTS

Ecosocial education and accessibility 5 ECTS (Online)

Objective

The student:

- Identifies the principles and knowledge base of sustainable development.
- Is able to define social and cultural sustainability challenges in particular.
- Recognizes the principles of accessible and responsible operations.

Content

- doughnut model
- social sustainability
- cultural sustainability
- promotion of sustainable development
- responsible action

Innovation 5 ECTS (Online)

Objective

Student:

- Identifies socially and globally influential streams of change.
- Is able to apply futures thinking in their own professional working environment.
- Understands the preconditions, stages and methods of the innovation process.
- Is able to promote creative, practical problem solving.

Content

During the course, concepts of future and the basics of foresight activities are learned. In addition to this, students will get acquainted with what innovations are and how innovativeness and innovation know-how can be promoted in working life. Futures thinking, innovation competence and the use of creative methods in innovation activities are applied in practice through given assignments.

Networks and development 5 ECTS (Online)

Objective

Students

- Understand the importance of networking.
- Are able to network and perform in multidisciplinary environments.
- Are able to develop their networking and workplace community skills.

Content

- network-based approach
- networking and workplace community skills
- recognizing, building and managing networks
- developing networks and partnerships
- multidisciplinary cooperation, development-oriented network competencies.

Projects and finances 5ECTS (Online)

Objective

The student:

- Understands the significance of projects in their field.
- Understands the different stages of project implementation.
- Is able to prepare a realistic budget for the project.
- Knows different forms of project financing.
- Is able to use project management tools.

Content

- project planning and management
- project financing
- project work and tools
- project communications and evaluation of effectiveness.

Finnish language 1 (5 ECTS) Online

Objective

Students

- Identify and understand simple and short Finnish words and sentences spoken at a tranquil pace.
- Identify and understand simple and short words and sentences in written Finnish.
- Are able to produce a moderate number of simple and short words and sentences in both spoken and written Finnish.
- Manage simple discussions and everyday situations in Finnish.

Content

Students familiarise themselves with the most common Finnish phrases and learn basic vocabulary and grammar to be able to manage everyday situations in Finnish. The course establishes the foundation for studying the Finnish language. The intended learning outcomes equal reference level A1 in the Common European Framework of Reference for Languages.