

OCTOBER, 2025



FATE

NEWSLETTER

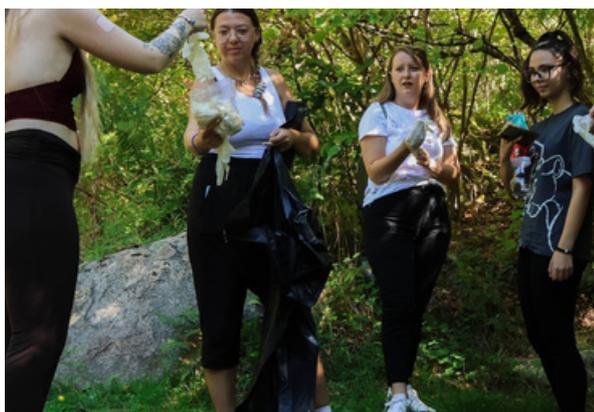


FROM ADVENTURE TO EMPLOYMENT

The story continues! Welcome to the third edition of our FATE project newsletter

Just little reminder about our project. FATE Project – From Adventure to Employment, was officially launched on September 1st, 2024.

Over the following year, FATE will empower NEET young people through adventure education, promoting employability, active citizenship, and the transformative power of experiential learning in natural spaces.



LOCAL ACTIVITIES

Playing Mõlkky in Bitola, North Macedonia

On August 24, SFERA International organized the traditional Finnish outdoor game Mõlkky together with young people in Bitola. The game was such a success that they we played it for four rounds. The excitement, laughter, and teamwork showed how easily international exchange can inspire new initiatives.

The Finnish partners, Valo-Valmennusyhdistys, had introduced us to Mõlkky during the training in Lithuania and gifted us a set so they could introduce it playing back home.

Hike to Dihovo Waterfalls, North Macedonia

On September 23, around 20 participants joined a hike to the Dihovo Waterfalls. Surely it was a wonderful way to conclude the summer and enjoy nature together. To promote environmental awareness, the group collected garbage along the trail, leaving the area cleaner than before.

Prespa Through the Eyes of Youth

After the consultation meeting with Humak and their evaluation insight, Sfera International together with the young people planned an activity that took place in Lake Prespa on 14th October

We organized a workshop to raise awareness among young people about environmental issues affecting the lake and to encourage youth activism in environmental protection.

Hike to Kurjenrahka National Park, Finland

We spent a beautiful day hiking in Kurjenrahka National Park. Surrounded by peaceful forests and open landscapes, participants enjoyed a refreshing outdoor experience filled with conversation and connection. Although we didn't spot any cranes, the park's rich nature offered plenty of sights to enjoy along the way.

Puppy Walking – Done with Love, Tautmile, Lithuania

On July 16, we visited the Tautmilė animal shelter in Vilnius for an afternoon of walking and playing with the puppies. The activity brought joy to both the animals and participants, creating moments of warmth, laughter, and shared purpose. It was a wonderful opportunity to connect with others while supporting a meaningful cause.

Summer Picnic, Lithuania

On July 1, we gathered in Vingio Park, Vilnius, for a relaxed summer picnic. The afternoon was filled with fun games, team activities, and friendly conversations over snacks. It offered young participants a chance to socialize, make new friends, and enjoy time together outdoors in a welcoming and stress-free environment.

Skypark Adventure, Lithuania

On August 6, participants met at Skypark Vilnius for an active and energizing afternoon. Jumping on trampolines and sharing laughter helped everyone unwind and recharge. The activity encouraged both physical movement and emotional release, reminding participants that fun and fitness can go hand in hand.



2ND TRANSNATIONAL PROJECT MEETING IN VILNIUS

From September 30 to October 2, 2025, partners of the Erasmus+ project “FATE – From Adventure to Employment” gathered in Vilnius, Lithuania, for the 2nd Transnational Project Meeting. Hosted at the Martynas Mažvydas National Library, the event aimed to refine the European Guide, review and test the Card Tool for Coaching, and plan next steps across all work packages.

Over three days, participants collaborated through interactive sessions focused on developing content, structure, and visuals for the European Guide (WP3), playtesting the Card Game for Coaching (WP4), and coordinating through a Steering Committee meeting. The agenda also included a “Mystery Adventure,” an adventure that gave us the opportunity to become familiar with Lithuanian culture and history.

The meeting successfully combined productive work with cultural exploration, partners enjoyed the atmosphere of Vilnius, its food, and its nature, reinforcing the value of in-person collaboration.



CURRENT ACTIVITIES

We are working on the European Guide, which will include:

- Theoretical background and current research findings.
- Descriptions of activities implemented with youth in each partner country.
- Reflections and recommendations from youth workers.

The guide will serve as a practical tool for organizations, helping them easily implement these activities in their own work. It will be available in digital format for online access and download through the partners' websites.

Additionally, the Lithuanian partner has completed the development of coaching support cards to be used during upcoming coaching sessions.

WHAT'S NEXT?

Here's what's coming up:

- Supervision & Support: NGOs and youth workers can schedule online supervision sessions with HUMAK;
- Finalizing the European Guide;
- Utilizing the card game for coaching sessions with young people;
- Continue organizing amazing local adventure education activities;
- Having Peer to peer online activities where young people will have the opportunity to engage in international networking with their peers;
- 3rd transnational meeting in North Macedonia in April 2026;
- International adventure activities in Finland in May 2026.



SPECIAL THANKS

A huge thank you to **Inovatyvi karta/ Innovative Generation** for organizing the second Transnational Project Meeting in Vilnius, and to all our partner organizations for making this meeting so meaningful and productive.

We are also deeply grateful for showing us the beautiful city, your culture, and for organizing the mysterious adventure activity, it was a truly enjoyable experience. Until next meeting in North Macedonia, meanwhile we keep up our fruitful collaboration online! 🌍🌟

STAY TUNED



As the FATE Project unfolds, we'll be sharing **updates, results, and (hopefully) some hilarious behind-the-scenes moments.** In the meantime, if you'd like to know more about adventure education or get involved, feel free to reach out!

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



Co-funded by
the European Union

#Erasmus+ #Youth #AdventureEducation #Nature #Outdoors