



Welcome to Humak

As coaching lecturers of the 2026 community education student group, we want to welcome you to Humak and **Wellbeing and the Futures of Youth and Community Work** studies. This letter contains practical information about your studies - please read it carefully.

What to expect

Your community educator studies will focus on promoting wellbeing, sustainability and futures thinking in youth and community work. You will study mainly indoors but you will also take part in nature-based learning activities and field visits. Part of your studies will be conducted as independent online courses and online teaching, which will support building your general community educator's competencies and pedagogical skills.

To be able to study in this program you must possess sufficient mental and physical health and functional capacity. During the Autumn term you are expected to attend studies at the campus 3-4 days per week from September to November. In addition to that the courses will include independent assignments and group projects. You have to be able to function in various social situations and multicultural groups and to participate in daytrips and outdoor activities in nearby nature. Familiarize yourself with so-called SORA legislation <https://www.uasinfo.fi/to-the-applicant/#health>

First year learning environments and dates

The programme starts at Helsinki campus on Tuesday September 1st, 2026 at 9.00. The detailed schedule for the studies will be published at the beginning of your studies when you will also be

able to register for different courses. However, below you can find the outline (changes in schedule are possible) of where your studies will be located during the first academic year:

1.9–9.10.2026 Helsinki campus and its surroundings
12.10–18.10.2026 Independent study period / Autumn break
29.10–30.11.2026 Helsinki campus and its surroundings
1.12.2026 – 28.2.2027 Internship placement and online studies
1.3.–31.5.2027 Helsinki campus and its surroundings

More information regarding summer semester (1.6.–31.8.2027) will be given later.

Days on campus and online webinars usually begin at 9.00 and last until 16.00. Field trip days may last longer and have their own schedule. During the internship periods, the daily schedule is determined by the internship place.

For more answers on how to study at Humak, check Students guide

<https://opiskelijanopas.humak.fi/?lang=en>

Language learning during your studies

International and multicultural competence, including language studies, are an important part of the degree program. In the beginning of the studies, we will design an individual language learning path for each student. Bilingual language learning will be a part of the program. You will have 15 ECTS of compulsory language studies and the opportunity to include additional language courses as part of your optional studies.

Finnish learners are offered support and the opportunity to develop Finnish language skills to intermediate (B1) level during their studies.

Helsinki Campus

The students in the degree program in wellbeing and the futures of youth and community work will be enrolled at Helsinki Campus. Helsinki is an excellent location to live, stay and find employment in Finland with good connections to other parts of Finland and Europe.

The address is: Humak Helsinki Campus, Ilkantie 4, 00400 Helsinki, Finland

Housing

You can search housing possibilities from the Student Housing Foundations like **HOAS**

<https://hoas.fi/en/applicants/> or rent an apartment from the private market such as Sato student housing <https://www.sato.fi/en/student-housing-apartments>. It is recommended to start to look alternatives after you have received your study place in Humak.

Meals

The campus cafeteria serves warm lunch Monday to Friday. Affordable student meals are offered by student restaurants everywhere in Finland.

Free time activities

Helsinki and its surroundings offer great opportunities for free time activities. Read more about studying in Finland <https://www.studyinfinland.fi/>.

Curious about learning Finnish?

Paras hetki aloittaa on nyt! The best time to start is now!

Learning Finnish will enrich your Finnish experience (and impress your friends!). For a taste of Finnish and a peek into the world and work of community educators in Finland, you can check out [this short video](#) following some outreach youth workers in the City of Vantaa (click the speech bubble icon for English subtitles!). Listen out for: *Moi!* Hi! and *Mitä sulle kuuluu?* How are you doing? For vocabulary and grammar, uusikielemme.fi is a great free resource. To work out the dictionary form of a word you come across, wiktionary.org is your friend.

Tutors

Student tutors will guide you through several practical things related to your studies and free time. The tutors will arrange a meeting with all student groups at campus in the beginning of the studies. If needed, feel free to contact the tutors already during the summer. The tutors for your group who will answer your questions are Didi Dale savannah.dale@humak.fi and Sofiya Karhu sofiya.karhu@humak.fi

Insurance and healthcare

As a student at Humak you will be covered by a statutory accident insurance for students which is valid only in study-related and work-like conditions. The insurance does not apply during other time spent at the institution, for instance:

- Recesses
- Commutes to campus
- Lunch breaks

All European students are required to get a European Insurance Card. For Finnish students in Finland, the KELA card is equivalent to the European Insurance Card.

Students who study for a bachelor's or a master's level degree in a university of applied sciences are entitled to use the services of the Finnish Student Health Service (YTHS). The healthcare fee for higher education students is paid to Kela by the student. Humak will pay the healthcare fee for international students who are required to pay tuition fees. Read more about the services of the Finnish Student Health Service <https://www.yths.fi/en/frontpage/> and the healthcare fee payment for higher education students <https://www.kela.fi/web/en/healthcare-fee-for-students-in-higher-education>.

More information about Students well-being and health: [Student well-being and health - Opiskelijanopas](#)

Recommended clothing and equipment

You will need your own personal laptop computer from the very beginning of your studies. Humak will provide Microsoft office 365 tools free of charge and there also is a free Wi-Fi network on campus. In terms of clothing, please pay attention to the four seasons. Finland may offer varying weather conditions: Winter temperatures may drop below -20°C and summer temperatures rise to +25°C. In the autumn, the weather may change from sunny and warm to rainy and cold with temperatures below 0°C.

If you have questions before the start of your studies, do not hesitate to contact us. However, for your information, we are on summer holiday from 8th of June to 3rd of August 2026.

Looking forward to meeting you in September!

Best wishes,

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